DePaul University's president and several hundred business leaders joined Daniel Burnham's remarkable Plan of Chicago.

From the desk of the president
Burnham Centennial brings Chicago together

I recently met with leaders from Chicago’s civic, philanthropic, educational and cultural communities who are preparing for the 2007 centennial of Daniel Burnham’s landmark Plan of Chicago.

Bringing together the Chicago Architectural Center, the Museum of Contemporary Art, the Shedd Aquarium, the Field Museum, the Art Institute and many others, the Burnham Centennial team is building on a tradition of civic leadership to shape a vibrant Chicago for the future. The full schedule of events is available on the Burnham Centennial website, www.chicago2007.com.

Today DePaul recognizes the successes of the last 100 years and acknowledges the challenges of the years ahead. We do so with a great sense of civic engagement and with a deep belief in what Chicago means to our city and its people, especially the poor. We build on a common belief that improvements in one area of civic life impact on all areas.

To our centennial comes an extraordinary centennial Chicago, an age by the same name that celebrates DePaul’s Emerging MBA Program. Depending on their educational background, students will be able to complete the program in as little as 12 months. They also have full access to more than 160 courses, including the Career Management Center.

DePaul launches Morning MBA Program
DePaul University’s Kellstadt Graduate School of Business launched a new morning MBA Program in response to the changing needs of MBA students.

“Why did I choose DePaul’s Emerging MBA Program? What makes DePaul’s unique?” says Joseph Ferrari in his article. “I think that if I had to choose one thing that makes DePaul’s MBA program unique, it would be the collaboration with DePaul’s business school and DePaul’s business school faculty. The DePaul business school is truly distinctive, and the faculty is truly unique. The faculty is truly dedicated to academic excellence, experiential learning and entrepreneurial education.”

DePaul’s Emerging MBA Program is ranked ninth in the nation in U.S. News & World Report’s guidebook, “America’s Best Graduate Schools.” It is estimated that procrastination costs businesses billions of dollars annually in lost productive time. Procrastinators are more likely to be busy, as they experience higher levels of stress, which is thought to weaken the immune system.

Q How can managers address chronic procrastination?
A Chronic procrastination is a behavioral and cognitive problem that requires therapy. Sometimes, in the workplace, managers should start to track deadlines and consider rewarding employees who complete projects early. Procrastinators are often failed by their colleagues, which encourages additional procrastination. We need to be flexible and willing to be chronic procrastination bad.

Q What is burnout?
A Burnout is defined as situations where people experience a loss of enthusiasm for their work, which can have negative effects on their health and well-being.

Q What is the difference between burnout and stress?
A Stress is a normal physiological response to a perceived threat, while burnout is a prolonged state of physical, emotional and mental exhaustion due to prolonged stress.

Q How can we manage stress?
A Managing stress involves identifying the sources of stress and developing coping strategies to deal with them. It also involves taking care of oneself, both physically and emotionally.

Q What are the symptoms of stress?
A Symptoms of stress include fatigue, headaches, muscle tension, irritability, and difficulty concentrating.

Q How can we prevent burnout?
A Preventing burnout involves creating a healthy work-life balance, establishing realistic goals and expectations, and seeking support from others.
More than six years after the Sept. 11 terrorist attacks, two DePaul University professors find that the public and private sectors are still not adequately prepared to prevent or respond to a terrorist attack.

“We’ll never be able to completely eliminate terrorism, as some have been used as weapons since ancient times,” says Thomas Mockaitis, DePaul University associate professor of Political Science and public administration. “But we, however, must include the likelihood and consequences of terrorism in our daily living, continually assessing and strengthening our security.”

According to Mockaitis, the private sector plays an important role in U.S. security, as 80 percent of critical infrastructure in the United States – energy-producing facilities to public health and emergency services – is owned by private companies and individuals. “In general, the private sector in Chicago and the U.S. has done a good job assessing potential targets, but we need to continue to strengthen our security,” he says today.

DePaul University’s Center for Community Research, Education and Training (C-CRET) launched new terrorism-related curriculum in 2006 at DePaul’s undergraduate social work program.

“Terrorism happens; you just don’t want to be there,” says Dr. Todd Albers, director of C-CRET. “We’ve taught students that threats and issues like terrorism put us into a read, respond, recover, follow-up cycle. The collection of threats, the planning to respond to them, the recovery or follow-up after the response is complete is the cycle we need to keep going.”

“DePaul is proud to help create a community of education that works collaboratively to improve education for K-12 students,” says Dr. Albers. “Our students learn that they are prepared to lead their communities in the future to help create safer places.”

DePaul News Briefs

DePaul College of Law among best for Hispanic students

Two groups recently honored DePaul University College of Law for its support of Hispanic students. For the second consecutive year, the Hispanic Lawyers Association of Illinois named DePaul Law School’s second annual “Outstanding in Hispanic Law Student Recognition.” Additionally, Hispanic Business magazine named the College of Law one of the Top 20 law schools for Hispanics.

“The College of Law has been increased diversity in recent years — becoming one of the Top 20 law schools — as well as significant achievements in quality, according to an editorial by increased LSAT scores and GPA’s,” said Gwen Oleaskey. “At the conclusion of the year, we take pride in the progression of all of our important areas.”

DePaul University

DePaul receives $3.3 million NIH grant to study recovery programs

DePaul University’s Center for Community Research, Education and Training (C-CRET) received a $3.3 million National Institutes of Health (NIH) grant to conduct a computerized study of recovery programs that help ex-offenders with a history of substance abuse reintegrate into the community.

This study continues the Center for Community Research’s commitment to partnering with community-based organizations to develop and test new strategies and programs to alleviate the criminal justice system’s past and current problems in Chicago and, occasionally, the nation.

“One of the more serious problems our country faces is how to help our fellow citizens with a history of abuse successfully reconnect to the community,” says Leonard Lewin, director of the center.

The study focuses on three issues: HIV prevention, providing Biological Terrorism and Crime Technologies, “As a major hub for medicine, Chicago is a critical one for effective answers to deterring a terrorism attack,” he says.

“We can and must understand the likelihood and consequences of a terrorist attack by rationally assessing and strengthening our security,” Mockaitis says.

DePaul study: MBA programs short on people skills

Several major national publications — including The Wall Street Journal, the Economist and The Financial Times — reported on a recent DePaul University study that finds MBA programs fall short on people-related skills most critical for successful managers.

The study, conducted by DePaul assistant professors of management Robert S. Rubin and The Financial Times — reported on a recent DePaul University study that finds MBA programs fall short on people-related skills most critical for successful managers.

“We need to be engaged in a global discussion about how to prevent an event that threatens our way of life,” he says. “The public and private sectors need to be engaged in a global discussion about how to prevent an event that threatens our way of life.”

“We can and must understand the likelihood and consequences of a terrorist attack by rationally assessing and strengthening our security,” Mockaitis says.

DePaul University

DePaul receives $3.3 million NIH grant to study recovery programs

DePaul University’s Center for Community Research, Education and Training (C-CRET) received a $3.3 million National Institutes of Health (NIH) grant to conduct a computerized study of recovery programs that help ex-offenders with a history of substance abuse reintegrate into the community.

This study continues the Center for Community Research’s commitment to partnering with community-based organizations to develop and test new strategies and programs to alleviate the criminal justice system’s past and current problems in Chicago and, occasionally, the nation.

“One of the more serious problems our country faces is how to help our fellow citizens with a history of abuse successfully reconnect to the community,” says Leonard Lewin, director of the center.

The study focuses on three issues: HIV prevention, providing Biological Terrorism and Crime Technologies, “As a major hub for medicine, Chicago is a critical one for effective answers to deterring a terrorism attack,” he says.

“We can and must understand the likelihood and consequences of a terrorist attack by rationally assessing and strengthening our security,” Mockaitis says.

DePaul study: MBA programs short on people skills

Several major national publications — including The Wall Street Journal, the Economist and The Financial Times — reported on a recent DePaul University study that finds MBA programs fall short on people-related skills most critical for successful managers.

The study, conducted by DePaul assistant professors of management Robert S. Rubin and The Financial Times — reported on a recent DePaul University study that finds MBA programs fall short on people-related skills most critical for successful managers.

“We need to be engaged in a global discussion about how to prevent an event that threatens our way of life,” he says. “The public and private sectors need to be engaged in a global discussion about how to prevent an event that threatens our way of life.”

“We can and must understand the likelihood and consequences of a terrorist attack by rationally assessing and strengthening our security,” Mockaitis says.